

Little Space

Little Space is a headspace, similar to “sub space” in D/s, that some people reach when they are age playing, where the daily Stress & worry of adult responsibilities melts away, and is replaced by feelings of being young, naive, playful, and vulnerable.

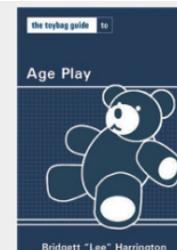


AgePlay Dynamics

A non-exhaustive list of possible AgePlay D/s dynamics includes the following:

- Caregiver/Little (CG/l)
- Daddy Dom/Little Girl (DD/lg)
- Mommy/Boy (MD/lb)
- Brother/Sister/Siblings
- Little/Babysitter
- Teacher/Student
- Doctor/Patient
- Nurse/Senior citizen

AgePlay Resources



Introducing



It seems like AgePlay is more popular than ever, but what IS AgePlay? Who does it, and why?



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NEW ENGLAND LEATHER ALLIANCE

This pamphlet lovingly created for NELA by lifestyle little, kink educator, & sex-positive advocate Spooky.

What is AgePlay?

AgePlay is a form of roleplay and/or power exchange between **consenting adults**, in which one or both participants play as an age different than their biological age. AgePlay can be sexual or non-sexual.

AgePlay usually involves an individual pretending to be younger than they are, though that is not always the case. While most ageplayers will pretend to be a baby or young child, there are those who take on a teenage persona. More rarely, an ageplayer will assume the role of someone older than their biological age, such as an elderly person.

Bigs or caretakers are ageplayers participating in an AgePlay dynamic, but most do not assume an age beyond their own. It is quite possible for someone who is biologically older to be ageplaying as the younger person within the dynamic. There are even some ageplayers that don't identify with a specific age at all!

The most important part of defining AgePlay is for you to individually define what it means to you. You don't have to choose an age because others say you have to. You don't have to do anything sexual you're uncomfortable with or feel like you need to try to regress if you don't feel pulled in that direction.

The world is your playpen!

Types of AgePlayers

Littles

"Little" is a broad term for ageplayers identifying in a range anywhere from toddler up to pre-teen. The term "Little" is frequently used to describe anyone who ageplays, even those who don't claim a specific age.

Middles

Middles are more likely to identify as, and take on the personality of a teenager. They may be more sexually adventurous, and be more outspoken or bratty.

Bigs

The term "big" can refer to the caregiving role for the little/middle, or to a person age playing an age older than their chronological age. Some common examples of bigs include Mommy/Daddy, Aunt/Uncle, or Older Brother/Sister.

Adult Babies (ABDL)

Adult Babies often take on many of the characteristics and trappings of a baby. AB play may include a regressed state of mind and non-verbal communication, as well as props like diapers, bottles, and cribs.

Babyfurs

Babyfurs are a part of the furry community who enjoy roleplaying younger characters. They may or may not also be ABDLs. There are many different types of furs in the babyfur community, each focusing on different aspects and roles.

What AgePlay is NOT

AgePlay is Not Pedophilia

For some people, hearing about ageplay immediately evokes fears of pedophilia. However, ageplay only involves consenting adults. Ageplay is not considered pedophilia or related to pedophilia by psychologists, psychiatrists or sex therapists.

AgePlay is Not Age-Based Attraction

There is nothing wrong with age-based attraction between consenting adults. However, being attracted to individuals of a different age demographic is not considered ageplay.

AgePlay is Not Regression Therapy

While some ageplayers may derive therapeutic benefits from ageplay, ageplay is NOT therapy. AgePlay is not an accepted method for working through issues or trauma. If you need help, you should consult with a licensed therapist. If you don't have one, we recommend checking out kinkawareprofessionals.com, operated by the NCSF.